

For Immediate Release  
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## **Stretch Out with Nashville Zoo and YogaKids**

Join Nashville Zoo's education staff on July 19 as they partner with YogaKids and instructor Tonya Jones for the wildest yoga in the city.

Children ages 4 – 8 can stretch out and relax while finding their inner animals at this special program where participants will actually meet one of the animal inspirations for a pose they learn.

The program will be held at Nashville Zoo in the Croft Center from 2 – 3:30 p.m. Participants are welcome to explore the Zoo before or after the class. For more information and pricing, visit [www.nashvillezoo.org](http://www.nashvillezoo.org).

YogaKids uses reading, storytelling, music, creative arts and earthcare to educate the "whole" child. Children learn valuable skills to meet challenges and grow strong physically, mentally and emotionally.

Nashville Zoo is accredited by the prestigious Association of Zoos and Aquariums, assuring the highest standards of animal care and husbandry. The Zoo is a non-profit organization located at 3777 Nolensville Road and is open every day except Thanksgiving, Christmas and New Year's Day. The mission of the Nashville Zoo is to inspire a culture of understanding and discovery of our natural world through conservation, innovation and leadership. For more information about Nashville Zoo, please call 833-1534 or visit our website at [www.nashvillezoo.org](http://www.nashvillezoo.org).

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